

# Curriculum Vitae (CV)

## Personal Specifications/Details:

### Zohreh Karimiankakolaki

Birth day: 8 July, 1989

Mobile phone: +98 09132366910

Academic Rank: Associate Professor

Executive position: Head of Health Department

Field Of Study: Health Education and Promotion

Address: Department of Health, Faculty of Medical Sciences, Shahrekord Beranch,

Islamic Azad University, Shahrekord, Iran

Email : [zohrehkarimian68@gmail.com](mailto:zohrehkarimian68@gmail.com) , [zohrehkarimian68@yahoo.com](mailto:zohrehkarimian68@yahoo.com)



## Education Background:

- ✓ Midwife
- ✓ MSc in Health Education
- ✓ PhD in Health Education and Promotion

## Published articles:

1. Morowati Sharifabad MA, **Karimiankakolaki Z**, Bokaei M, Fallahzadeh H, Gerayllo S. The effects of training married men about premenstrual syndrome by pamphlets and short messages on marital satisfaction. HEALTH EDUCATION RESEARCH. Access published September 26, 2014. doi:10.1093/her/cyu052 (**Impact Factor:1.94**) \*Corresponding author.
2. A Survey of Knowledge, individual perceived risk, general perceived risk and Behavioral intentions in the Faculty of Nursing, Midwifery and Health of, Shahrekord Islamic Azad University regarding Hepatitis B, 2014( Hepatitis Monthly Journal. **Zohreh Karimian kakolaki**, Mohammadhosein Baghianimoghadam, Sakineh Gerayllo, Nadia Sheikh, Hajar Hadipour. ) **Hepat Mon.** 2016 July; 16(7):e35058. doi: [10.5812/hepatmon.35058](https://doi.org/10.5812/hepatmon.35058).(**Impact Factor :1.93**) First author.
3. Randomized Controlled Trial of a Prenatal Breastfeeding Self-Efficacy Intervention in Primiparous Women in Iran, Marzieh Araban, Zahra Karimian, **Zohre Karimian Kakolaki**, Karen A. McQueen, and Cindy-Lee Dennis. JOGNN, 2018; 47(2):173-183.
4. Exposure to secondhand smoke in Iranian pregnant women at home and the related factors. Seyed Saeed Mazloomi Mahmoodabad1, **Zohreh Karimiankakolaki1**, Ashraf Kazemi2, Nastaran Keshavarz Mohammadi3, Hossein Fallahzadeh4, 2019. 5(7): p. 1-9. \*Corresponding author

5. Designing an educational intervention on second-hand smoke in smoker men on the exposure of pregnant wives: a protocol for a randomized controlled trial. **Zohreh Karimiankakolaki**<sup>1\*</sup>, Seyed Saeed Mazloomi Mahmoodabad<sup>2</sup>, Ashraf Kazemi<sup>3</sup> and Hossein Fallahzadeh<sup>4</sup>. *Reproductive Health*, 2019. 16(1): p. 11. IF: 2.85
6. Educating Iranian Pregnant Women about Preventing Influenza A, *International Journal of Women's Health and Reproduction Sciences (SCOPUS)*, Reza Sadeghi, Narges Khanjani, Ahmad Naghibzadeh Tahami, **Zohreh Karimian Kakolaki**, 2018;6(3):321-327
7. Morowati Sharifabad MA, **Karimiankakolaki Z**, Bokaei M, Fallahzadeh H, Mirrezaii S. Frequency of Marital Dissatisfaction in Couples With Wives Who Suffer From Premenstrual Syndrome in The City of Yazd . *J Health Syst Res* 2014; 10(2):2-10. \*Corresponding author
8. Vakili M, Delavar S, **Karimiankakolaki Z**, Fotuhi E. Attitudes of nurses and physicians in intensive care units toward euthanasia in university hospitals in Yazd- 2012. *Community Health journal* 2014;7(4):1-9. \*Corresponding author
9. Evaluation of the Frequency of Clinical Manifestations of Premenstrual Syndrome in Young Married Women in Yazd. Morowati sharifabad MA, **Karimian kakolaki Z**, Bokaie M, Enjezab B, Gerayllo S, Motaghi B. *Community Health journal* 2014; 8(3): 45-53. \*Corresponding author
10. Self-care Activities and Behavioral Intention toward Self-care in Older Adults suffering from Knee Osteoarthritis in Yazd, Iran. Sakineh Gerayllo, **Zohreh Karimiankakolaki** .*Elderly Health Journal*. 2015; 1 (1):36-41. . \*Corresponding author
11. Effects of Health Education on the Knowledge and Attitude of Health Coordinators towards Gestational Diabetes in Minoodasht, 2013. Gerayloo S.1, **Karimian Kakolaki Z**.2\*, Safdari F.3, Morowati Sharifabad M.A.4, Motaghi B.3, Sharifi E.5, Borhani M.6. 2013;3(1):19-28.
12. Study of Knowledge and Practice of Men with Wives who Suffer From Premenstrual Syndrome about the Syndrome in Yazd City. Morowati sharifabad MA(Ph.D)1, **Karimiankakolaki Z** (M.Sc)2, Bokaei M (M.Sc)3, Fallahzadeh H (Ph.D)4, Gerayllo S (M.Sc) 5 ,Farhmand (MD). *TolooeBehdasht journal*. 2014.14(3):95-110. \*Corresponding author
13. Effect of Education by Text Messaging Based on Health Belief Model on Food Handling Behaviors in Health Volunteers' Yazd City. Morowati sharifabad M(Ph.D)1 ,Mansoori F(M.Sc)2 , Dehghani A(Ph.D)3, Najarzadeh A (Ph.D)4, **Karimiankakolaki Z**(M.Sc)5, Dehghani Tafti AA(Ph.D)6. *TolooeBehdasht journal*. 2016;15(1):162-176 \*Fifth author
14. Determinants of Preventive Behaviors of Urinary Tract Infections in Pregnant Women Based on the Constructs of Health Belief Model in Yazd Mazloomi Mahmoodabad SS(PhD)1, **KarimianKakolaki Z**(MSc)2, Enjezab B(MSc)3, Soltani T(MSc)4 *TolooeBehdasht journal*. 2016;15(1):138-149\*Corresponding author
15. Attitudes and Self-Care Behaviors of Patients with Knee Osteoarthritis Referred to Rheumatology Clinical Centers in Yazd Morowati sharifabad MA (Ph.D) 1, Gerayllo S (M.Sc) 2, Dehghan A (MD) 3, Fallahzade H (Ph.D) 4, **Karimian kakolaki Z** (M.Sc) 5. *TolooeBehdasht journal*. 2014;14(5):115-30.
16. Evaluating Effect of Self-care Behavior Training as well as its Benefits and Barriers on the Patients Undergoing Hemodialysis. Baghiani Moghadam MH (Ph.D)1, Vaezian Z (M.Sc)2, **Karimiankakolaki Z** (M.Sc)3, Hemayati R(Ph.D)4, Fallahzade H (Ph.D) *TolooeBehdasht journal*. 2014;14(5):103-114.\*Third author

17. A Survey of Knowledge, Risk Perceptions and Behavioral Intentions among Students of Health and Paramedic Schools of Golestan University of Medical Sciences, Regarding Hepatitis B, 2015. Gerayllo S1, Charkazi A2, Barutian S3, Gerayllo S4, Moghaddam Z\* 5, **Karimiankakolaki Z6**, Seyedghasemi N7. *Journal of Health and Care*. 2016;18(3): 237-246.
18. Critical Care Nurses' knowledge, attitude and practice in Yazd University of Medical Sciences' Teaching Hospitals on Evidence- Based Nursing. Dehghani H, Heidari F, **Karimian Kakolaki Z**, Salimi T4. *Community Health journal* 2014;8(2): 47-55.
19. **KarimianKakolaki Z**, Mazloomymahmoodabad SS, Gerayllo S, Heidari F, Motaghi Dastenaei B, Sharifi F. Path Analysis to Determine the Relationship between Marital Dissatisfaction, Premenstrual Syndrome and Emotional Dimension of Quality of Life in Women. *J Community Health Research*. 2018; 7(3): 140-146.
20. Comparison of the Quality of Life in Three Groups: Women with Premenstrual Syndrome, Premenstrual Dysphoric Disorder and General Population in Yazd, **Zohreh Karimiankakolaki** , Seyed Saeed Mazloomymahmoodabad, Fatemeh Heidari3 , Maryam Khadibi , Sakineh Gerayllo, Nooshin Yoshany, *Journal of Community Health Research* 2019; 8(1): 3-10.
21. **Karimiankakolaki Z**, Mazloomymahmoodabad SS, Heidari F, Gerayllo S, Khabiri F. Relationship between Premenstrual Syndrome and Women's Marital Satisfaction. *Journal of Midwifery and Reproductive Health*. 2019; 7(2): 1630-1635. DOI: 10.22038/jmrh.2019.33287.1361
22. Mazloomymahmoodabad SS, **Karimiankakolaki Z**, Kazemi A, Fallahzadeh H. Self-efficacy and perceived barriers of pregnant women regarding exposure to second-hand smoke at home. *J Edu Health Promot* 2019;8:139.
23. Karimiankakolaki Z, Khadibi M, Gerayllo S, Motaghi B, Heidari F. The impact of training through the telegram's virtual network on promoting women's knowledge and perceptions in preventing osteoporosis. *Indian J Rheumatol* 2019;14:194-9.
24. Mohammad Ali Morowatisharifabad1, Nooshin Yoshany1,2, Narges Bahri3, Manoj Sharma4, Sara Jambarsang5, **Zohreh Karimiankakolaki**. Effects of an educational intervention based on the multi-theory model on promoting the quality of life in postmenopausal women: a protocol, *Menopause Rev*, 2019, 18(3): 153-160.
25. Yoshany N, Seyedkhameshi S.S, Rezaei M, Baghian-Zarchi N, **Karimiankakolaki Z**. Relationship between Quality of Life and Using Smart Phones in the Elderly. *Iran Journal of Education and Community Health*. 2019;6(4):247-255.
26. Design and evaluation of a theory-based intervention of knowledge and perceptions to improve self-care amongst relatives of esophageal cancer patients: A randomised controlled trial study protocol, Sakineh Gerayllo , Mohammad Ali Morowatisharifabad, Leila Jouybari, **Zohreh Karimiankakolaki**, Reza Sadeghi , *International Journal of Surgery Protocols*, 2020, 24 (2020) 12–16.
27. Morowatisharifabad MA, Gerayllo S, **Karimiankakolaki Z**, Dehghan A, Salehabadi HS, Fallahzadeh H. Determinants of self-care behaviors in patients with knee osteoarthritis based on the theory of planned behavior in Iran. *Indian J Rheumatol* 2020;15:201-6.
28. Designing an intervention program over the effects of Pilates on pregnancy outcomes among the pregnant women: A protocol study, Bahareh Mothaghi Dastenaei a, Fereshteh Aein b, Faranak Safdari a, **Zohreh Karimiankakolaki**, *International Journal of Surgery Protocols* 24 (2020) 27–30.

29. The effect of training through the Telegram Social Network on the osteoporosis-preventive behavior of women, **Karimiankakolaki, Zohreh**; Khadibi, Maryam; Mousavi, Seyed Hossein; Heidari, Fatemeh, Turkish Journal of Osteoporosis / Turk Osteoporoz Dergisi . 2020, Vol. 26 Issue 3, p175-179. 5p.
30. Madadkar Dehkordi Sh, Okhovat F, **Karimiankakolaki Z**. Designing a Clinical Trial Protocol about the Impact of Family-Based Multimedia Education Based on Telephone Tracking (Tele Nursing) to Improve the Quality of Life and Self-Efficacy in Patients with Myocardial Infarction. International Journal of Surgery: Protocols. 2021; 25(1), pp. 92–97. DOI: <https://doi.org/10.29337/ijsp.146>.
31. Effect of Evening Primrose Oil on Postmenopausal Psychological Symptoms: A Triple-Blind Randomized Clinical Trial. Faranak Safdari, Bahareh Motaghi Dastenaeei, Soleiman Kheiri, and **Zohreh Karimiankakolaki**, J Menopausal Med. 2021 Aug;27(2):58-65.
32. Reisi A, **Karimiankakolaki Z**. Investigating the relationship between professional ethics and job values with deviant organizational behaviors in Ardal Health Network Employees. J Jiroft Univ Med Sci. 2021; 8 (3) :759-766
33. **Karimiankakolaki Z**, Rastak L, Khadibi M, Mohammadi P. Study of the Determinants of Protective Behavior against Skin Cancer Based on the Extended Parallel Process Model in Medical Students of Shahrekord Branch of Azad University in 2021: A Descriptive Study. JRUMS. 2021; 20 (9) :1003-1016

### **Published books:**

- Collection of questions for 8 years of entrance examination (PhD in health education and health promotion)
- Health of girls during puberty
- Quality of life and marital satisfaction in patients with premenstrual syndrome
- Educate smoking men about the side effects of secondhand smoke during pregnancy
- Health literacy in self-care of gastrointestinal cancers
- Self-care of osteoarthritis patients
- Crisis Nursing
- Principles of health planning

### **Collaboration with journals:**

- Journal of Community Health Research
- Journal of Social Behavior and Community Health
- Menopause review
- American Journal of Preventive Medicine and Public Health
- Rafsanjan Community Health Research Journal

### **Strengths/ Abilities and Skills:**

- Skills in using the Software Microsoft Office, SPSS and EndNote.