

In the Name of God

PERSONAL INFORMATION



Nooshin Yoshany

📍 Social Determinants of Health research Center, School of Public Health, Yazd, Iran.

☎ 00983536235970 📠 00989133511170

✉ Nooshin.yoshany@yahoo.com

🔗 <https://scholar.google.com/citations?user=yOSt0YUAAAAJ&hl=en>

🆔 <https://orcid.org/0000-0003-2955-400X>

Female | Date of birth 27/08/1989 | Nationality Iran

WORK EXPERIENCE

2010-2013	Midwife in Shahid Sadoughi Hospital, Yazd, Iran
2013- until now	School of public health, Yazd, Iran
2013- until now	Researcher in Social Determinants of Health research Center, Yazd, Iran
2017-2019	Executive Manager in Social Behavior Research & Health Journal, Yazd, Iran
2018- until now	Member of research committee in Social Determinants of Health research Center, Yazd, Iran

EDUCATION AND TRAINING

2007-2011	Bachelors' of midwifery in Shahid Sadoughi university of medical sciences, Yazd, Iran
2012- 2015	MSc of health education and promotion in Shahid Sadoughi university of medical sciences, Yazd, Iran
2017- until now	PhD of Health education and promotion in Shahid Sadoughi university of medical sciences, Yazd, Iran

** the first grade in ministry of health PhD exam

PERSONAL SKILLS

Computer language

ICDL
English

Research Project

- Determining Research Priorities of the Social Determinants of Health Research Center Based on the COHRED Model
- The study of happiness and social vitality and its relation with general health in teachers of Yazd city in 2017
- The Effect of smart phones on depression and quality of life of elderly people in the city of Yazd
- Evaluation of the research application in education in the 7 metropolitan area
- Relationship between lifestyle and severity of menopause symptoms in menopause women in Yazd
- Evaluation of accessibility and variety of medications available to Yazd community (households) in Shiraz-2016: a Population-Based Study
- Application of the Theory of Planned Behavior to Predict Industrial Drug Abuse Related Behaviors in Yazd
- Study of relationship between sociocultural factors and quality of life in infertile couples in YAZD in 2017
- Study of relationship between social participation and loneliness among the elderly in Yazd city

- The relationship between depression and life expectancy in the Yazd elderly
- Survey of education on Knowledge, Attitude and Practice of Yazd Hospitals Personnel About Fire & Methods of Extinguishing 2014
- Survey of residents opinion of the apartment complexes in Yazd about Health issues and public facility in 2013
- identifying & prioritizing social harms in acute parts of Yazd & Meybod
- Study of risk factors for skin cancer preventive behaviors in students Yazd of the extended parallel process model

Articles

- ❖ Bahri N, Yoshany N, Morowatisharifabad MA, Noghabi AD, Sajjadi M. The effects of menopausal health training for spouses on women's quality of life during menopause transitional period. *Menopause*. 2016 Feb 1; 23(2):183-8.
- ❖ MOGHATELI M, ATESH BF, YOSHANY N, MOVAHED E, JADGAL KM, IZADIRAD H, FATTAHI BA. Incidence rate of cutaneous leishmaniasis in Chabahar within 2008-2010.
- ❖ Bahri N, Yoshany N, Morowatisharifabad MA, Noghabi AD, Sajjadi M. The effects of menopausal health training for spouses on women's quality of life during menopause transitional period. *Menopause*. 2016 Feb 1; 23(2):183-8.
- ❖ Forouhari S, Heidari Z, Tavana Z, Mihanpour H, Sayadi M, Shayan A, Yoshany N. Effect of some hormones related to polycystic ovary syndrome on health-related quality of life. *The Iranian Journal of Obstetrics, Gynecology and Infertility*. 2016;18(186):17-27.
- ❖ Yoshany N, Mihanpour H, Jadgal KM, Dori M. The Effect of Breast Self Examination Educational Program on the Knowledge and Performance of Women in Yazd. *Journal of Community Health Research*. 2016 Aug 15; 5(3):211-9.
- ❖ Yoshany N, Morowatisharifabad MA, Mihanpour H, Bahri N, Jadgal KM. The effect of husbands' education regarding menopausal health on marital satisfaction of their wives. *Journal of menopausal medicine*. 2017 Apr 1; 23(1):15-24.
- ❖ Rezaeipandari H, Yoshani N, Rahaei Z, Amighi F. Is Life Expectancy Associated with Depression in the Elderly?. *Elderly Health Journal*. 2017 Dec 15; 3(2):87-93.
- ❖ Pourmovahed Z, Yassini Ardekani SM, Roozbeh B, Yoshany N, Mazloomi Mahmoodabad SS. Knowledge of Male High School Students in Yazd and Rafsanjan (IRAN) Regarding Illicit Drugs Use as a Social Problem: A comparative study. *Social Behavior Research & Health*. 2017 Nov 10; 1(2):119-25.

- ❖ Zareipour M, Ghojogh MG, Mahdi-Akhgar M, Abbasi S, Yoshany N, Hassanalilou T, Jadgal K. The impact of using BASNEF model on self-control behaviors among Patients with hypertension. *Internal Medicine and Medical Investigation Journal*. 2018 Sep 15; 3(3):112-9.
- ❖ Mazloomi Mahmoodabad SS, Taftian M, Mozaffari-Khosravi H, Yoshany N, Goodarzi-Khoigani M. Investigation of Knowledge, Attitude and Practice of Pregnant Women regarding Nutrition during Pregnancy in Yazd City. *Journal of Community Health Research*. 2018 Sep 15; 7(3):134-9.
- ❖ Ghaderi N, Khasi B, Ghaderi G, Hoseini SH, Yoshany N, Ghaderi S, Ahmadpour M. Mental health status of employees of Salah al-Din Ayubi hospital in Baneh. *Int J BioMed Public Health*. 2018; 1(3):135-2.
- ❖ Karimiankakolaki, Zohreh, Seyed Saeed Mazloomi Mahmoodabad, Fatemeh Heidari, Maryam Khadibi, Sakineh Gerayllo, and Nooshin Yoshany. "Comparison of the Quality of Life in Three Groups: Women with Premenstrual Syndrome, Premenstrual Dysphoric Disorder and General Population in Yazd." (2019).
- ❖ Yoshany N, Bahri N, Morovati Sharif Abad MA, Mihanpour H, Delshad Noghabi A. Effects of training the menopausal health on Knowledge and Performance of husbands with women during transitional period to menopause. *Journal of health*. 2018;9(1).
- ❖ Mohammad Saeed Jadgal, Saeedeh Sadeghi, Nooshin Youshany, Farhad Jahanabadi, (2019). The Relationship between Knowledge and Personal Health in Women Referring to Chabahar Health Centers Regarding Tuberculosis, *Novin Health Journal*, 3(2), 32-39. magiran.com/p1957686
- ❖ Mahmoodabad SS, Sadeghi S, Jadgal MS, Yooshany N, Atabay RA, Movahed E, Alizadeh S. Application of the Theory of Planned Behavior to Predict Drug Abuse-Related Behaviors among Adolescents. *The Journal of Toloobehdasht*. 2019 Jul 14.
- ❖ Mazloomi Mahmoodabad SS, Fattahi Ardakani M, Hossein Zadeh N, Mazloomi Mahmoodabad SM, Yoshany N, Ghasemine Zhad M. A survey of the safe use determinants of pesticides in Ardakan pistachio farmers according to the Health Belief Model. *Journal of Occupational Health and Epidemiology*. 2019 Jan 10; 8(1):21-8.

Curriculum Vitae Nooshin Yoshany

- ❖ Morowatisharifabad M, Yoshany N, Bahri N, Sharma M, Jambarsang S, Karimiankakolaki Z. Effects of an educational intervention based on the multi-theory model on promoting the quality of life in postmenopausal women: a protocol. *Menopause Review/Przegląd Menopauzalny*. 2019;18(3):153-60.
- ❖ Yoshany N, Seyed khameshi S S, Rezaei M, Baghin N, Karimian kakolaki Z. Relationship between Quality of Life and Using Smart Phones in the Elderly. *J Educ Community Health*. 2019; 6 (4) :237-242.

Conferences

- ✓ AIDS and Pregnancy --- *Third National Congress on High Risk Behaviors*
- ✓ Evaluation of knowledge of nursing and midwifery students of Shahid Sadoughi University of Medical Sciences about H1N1 influenza---*The second annual research conference of students of Yazd Shahid Sadoughi University of Medical Sciences*
- ✓ Factors Influencing Bed Wound Prevention From the Perspective of the Holy Quran---*National Conference on Nursing and Midwifery Quality Improvement Solutions*
- ✓ The Effect of Prenatal Sexual Fitness Training Classes on Pregnant Women's Knowledge of Prenatal Sexual Activity---*Third National Conference on Nursing and Midwifery Quality Improvement Solutions*
- ✓ The Effect of Prenatal Nutrition Education Classes on Pregnant Women's Knowledge About Nutrition during Pregnancy--- *Third National Conference on Nursing and Midwifery Quality Improvement Solutions*
- ✓ A Survey about the Effect of Education on Practice of Pregnant Women to Their Delivery Methods in Ardakan City--- *The 2nd Iranian international conference on women's health*
- ✓ The relationship between nutrition and gastric cancer in Yazd--- *National Conference on Nutrition and Cancer*
- ✓ Nutrition and Breast Cancer: A Review of the Evidence---- *National Conference on Nutrition and Cancer*
- ✓ The effect of menopausal health education on husbands on perceived social support of women in menopause---*National Conference on Strategies for Improving the Quality of Nursing and Midwifery Services*
- ✓ Epidemiological Characteristics of Coetaneous Leishmaniasis in Chabahar 2008-2010---*International Congress The 9th of Clinical Microbiology*
- ✓ Effect of Educational Program about Menopausal Health Issues for Husbands of Women 45 -55 Years Old on Marital Satisfaction, Quality of Life and Perceived Social Support of Women---*the 1st international and 4th national congress on gerontology and geriatrics*
- ✓ Take a look at the biggest problems in hospital emergencies---*Conference of Hospital Emergencies*
- ✓ effect of training the menopausal health on knowledge and performance of husbands with women during transitional period to menopause---*5th International Conference on Women's Health*

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- ✓ the impact of some related hormones in polycystic ovary syndrome on health-related quality of life---*5th International Conference on Women's Health*
- ✓ relationship body mass index and general health and sexual function in women---*5th International Conference on Women's Health*
- ✓ The effect of educational program about BSE on knowledge and practice of women in the field BSE---*international conference on medical medicine and health study MMHS-2016*
- ✓ Knowledge and practice of lactating women about the status of ergonomic lactation---*Second International Conference on Ergonomics*
- ✓ Investigating the relationship between biorhythm and error in midwifery profession---*Second International Conference on Ergonomics*
- ✓ Surveying the quality of life of AIDS patients in Yazd--- *The Second International Forum and the Sixth AIDS Seminar*
- ✓ Knowledge, attitude and practice of Shiraz city train personnel regarding fire and its extinguishing methods in the year 2015--- *Eighth Asian Society of Safe Mashhad 2017*
- ✓ The effect of menopausal health education on quality of life in postmenopausal women---*international academic standards of blind peer review*
- ✓ The relationship between depression and life expectancy in the elderly in Yazd--- *5th National Conference on Research in Health Development*
- ✓ The effect of self care program on patients with MS(Multiple sclerosis) (simplified overview)--- *Third International Congress and Eighth National Congress on Health Education and Health Promotion*
- ✓ Assessment of Job burnout in administrative staff of Shahid Sadoughi University of Medical Sciences--- *Eleventh Conference on Health Sciences*
- ✓ The relationship between lifestyle and severity of menopausal symptoms in postmenopausal women--- *9th National Congress on Health Education and Health Promotion and Second National Conference on Health Literacy*
- ✓ The effect of telegram virtual education on the prevention of osteoporosis in women---*9th National Congress on Health Education and Health Promotion and Second National Conference on Health Literacy*

Books

Health of Girls during Puberty 2019

Journal Review

- Fasa Journal of Medical Sciences
- Toloo-E-Behdasht
- Journal of Shahid Sadoughi University of Medical Sciences
- Journal of Community Health Research
- International Journal of Reproductive Biomedicine
- Climacteric

Academic Profile

Google scholar profile link:

<https://scholar.google.com/citations?user=yOSt0YUAAAAJ&hl=en>

Scopus Profile Link:

<https://www.scopus.com/authid/detail.uri?origin=resultslist&authorId=56525348500&zone>

LinkedIn profile link:

<https://www.linkedin.com/in/nooshin-yoshany-a46944b6/?originalSubdomain=ir>

Research gate profile link:

https://www.researchgate.net/profile/Nooshin_Yoshany