

## **Curriculum Vitae for Nastaran Keshavarz Mohammadi**

Nationality: Iranian

Language: Farsi/English, leaning German

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### **Educational Background**

Current position: Associate professor in health promotion, School of Public Health, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2008: PhD of Health Promotion, University of Sydney, Australia

1997: Master of Health Education, Tehran Medical Sciences University, Iran

1993: Bachelor of Midwifery, Iran Medical Sciences University, Iran

### **Academic and professional Appointments**

#### **At national level:**

2016- Vice -chair for strategic planning, Deputy of social affairs, Ministry of Health , Iran

2016-National Advisor of SDH, Department of SDH, Ministry of health, Iran

2015-2016 National Advisor of health education, Health education office, Ministry of health, Iran

2014- 2015 National health promotion advisor to Deputy Minister for health, ministry of Health, Iran

2013- Present, Editorial Member, Iranian Journal of Health Education and Promotion, Tehran, Iran

2013- Present, Editorial Member, Journal of Health in Field, School of Public health, Shahid Beshti University, Tehran, Iran

2013-present, Editorial Member, Journal of Gereontology, School of Public health, Shahid Sadoogi University of Yazd, Iran

2010- Present, Associate professor in health promotion, School of Public Health, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2009- 2010-Reviewer, QUMS Journal, Iran

2008-2010- Assistant Professor, School of Public Health, Qazvin University of Medical Sciences, Iran

2008- 2010- Director of Health Promotion Research Unit, School of Public Health, Qazvin University of Medical Sciences, Iran

2008- Head, Department of public health, Qazvin University of Medical Sciences, Iran

2008-Designer and Coordinator for International Public Health Course for MPH students, Qazvin University of Medical Sciences, Iran

1998 – 2010- Faculty member, School of public health, Qazvin Medical Sciences University, Iran

1998 – 2002- Guest Lecturer , Qazvin International University, Iran

1998 - 2002 -Guest Lecturer , Qazvin Payamenour University, Iran

1998 - 2002 -Guest Lecturer , Qazvin Kar University, Iran

1998-2000- consultant to the governor of Qazvin state on women affairs

1996-1997: Volunteer Member and Translator for Department of Health Education, Ministry of Health, Iran

**Chair of scientific committees:**

2017- Scientific chair, First national Social determinates of health festival  
2015- Scientific chair, Second national conference of women health promotion at workplace  
2015- Scientific chair, First seminar on workplace health promotion, Tehran,Iran  
2014- Scientific chair, First national conference of women health promotion at workplace

**At International Level:**

2016- Consultant to WHO office in Tehran on SDG (sustainable development goals)  
2012- WHO temporary adviser  
2011- Present, reviewer, Social science and Medicine Journal, USA  
2010- Present, Member of IUHPE global working group on healthy settings  
2009- Stream manager for IUHPE on line forum on” diversity and equity in health promotion capacity development”. <http://www.iuhpe.org/>  
2009-present, reviewer, Health Education Journal, UK  
2009- WHO temporary adviser  
2008-present- Editorial Board Memeber, Health Promotion International Journal, Australia  
2008- 2010- Honory research fellow, School of Public Health, The University of Sydney, Australia  
2008- 2011- ISECN Global Secretary for Equity and Diversity  
2008- provider of country information to health research web page of Iran for COHRED  
2007-Temporary WHO Adviser, School Health Promotion  
2007- WHO Research Assistant  
2006- Academic Staff (part-time) at School of Public Health, University of Sydney  
2006- Tutor of “Foundation of International Public health" for Master degree students of International Public Health  
2004- 2008: Post graduate Representative for Research Training Sub-Committee, Faculty of Health Sciences, University of Sydney, Australia  
2004- 2005 Postgraduate Representative for the School of Behavioural & Community Health Sciences, The University of Sydney.  
2004- 2005 Research Assistance, School of Behavioural and Community Health Sciences, The University of Sydney  
2004-2006 Web Maintenance Assistance, School of Behavioural and Community Health Science, University of Sydney,Australia

<b>Professional Associations</b>
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2009-present. Member, IUHPE (International Union of Health Promotion and Education)  
2010-present. Member, IUHPE global working group on settings health promotion  
2010-Present. Member, international network for school health promotion

2009-2016- Executive board member, Iranian health education and promotion association  
 2009- 2016 -Chair of international affairs, Iranian health education and promotion association  
 2008- Present Global Secretary for Equity and Diversity, ISECN  
 2008-Coordinator-Equity and Diversity Working Group  
 2007- IUHPE Student and Early Career (ISCEN) contact person in Middle East  
 2007- Member of WHO's Global School Health Steering Committee  
 2006 –present: Member of International Union of Health Promotion and Education (IUHPE)  
 2005- 2009: Registered Midwife in New South Wales, Australia  
 2003-2004: Member of Research Team for WHO Pilot Project “Intervention for decreasing heart diseases in Qazvin”, Iran  
 2003-present, Member of Qazvin province committee for health education, Iran  
 2001-2004: Representing Qazvin University of Medical Science in State's “Women Council”, Iran  
 2003-2004: Member of board, Iran Health Education Association  
 1997-2004: Member of Education Development Centre (EDC), Qazvin Medical Sciences University, Iran

<b>Research Experiences</b>
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**Chief investigators of national projects**

2016- present. Development of the road map: principles and goals of Deputy for Social affairs, Ministry of Health, Iran  
 2016- Present. Development of national educational packages about cancer prevention  
 2016-present- Measuring National adherence to treatment among HIV positive patients  
 2016- present- Development of national standards for Health promoting hospitals  
 2016- Present 2016- present-Development of on line decision aid for STDs  
 2016- Development of a national tool to measure organizational responsibility and accountability for health 2016- Development of national indicators t measure implementing health in all policies by state governors  
 2016- Development of national educational package about consumption of plastic containers  
 2013-2016- Development of a national tool for measurement and situation assessment of health promotion in workplaces  
 2015- Development of a supportive document for a national plan to reduce consumption of shopping plastic bags in Tehran , commissioned by National organisation of environment , Iran  
 2015- present- Development of the national on line health education resource for Iranians, Tehran  
 2011-2012- development of the curriculum for Phd degree of health promotion  
 2009- Keshavarz, N. Situation analysis of community- based health promotion programs in Iran, commissioned by WHO office in Tehran  
 2009- Keshavarz, N. Developing the curriculum for the PhD degree of health promotion in Iran  
 2007- Keshavarz, N et al. School health in Iran, Commissioned work for WHO/HQ, Geneva, Switzerland

**Finished PhD thesis (main supervisor)**

- 2017- Policy analysis of health promoting schools in Iran and evaluating its effectiveness on nutrition
- 2016- Examining the mutual interactions of genetics, lifestyle and BMI and evaluation of influence of a health promotion intervention on weight, BMI and FTO and IRX3 genes among 12 to 18 years old boys
- 2016- Development, implementation and evaluation of a community based project to reduce road traffic accidents utilizing action research method among motorcyclists in the city of Dezful
- 2016- Development of a national tool and its implementation to measure workplace health promotion
- 2016- Exploring influencing factors on consumption of functional diaries utilizing social marketing framework in Tehran and development of a measurement tool for their preferences
- 2015- A mixed method needs assessment of elderly in the city of Tehran
- 2014- Situation assessment of essential surgical care in district hospitals of Iran

**In progress PhD thesis:**

- Development, implementation and evaluation of a community based project to increase physical activity among women utilizing ecological framework in a disadvantaged area in the city of Qoam
- Development, implementation and evaluation of a food literacy tool for primary school students in Tehran
- Development, implementation and evaluation of a community based intervention to reduce salt consumption utilizing social marketing framework in the city Ahvaz
- Risk assessment of breast cancer among high risk women and development of a decision aid
- Situation assessment of health promoting standards in h in the city of Tehran

**Finished Master thesis (main supervisor)**

- Norlolahi (2016) NAderence to treatment and its influencing factors among HIP positive patients in Tehran
- Safari (2016) - Development, implementation and evaluation of effectiveness of education men by mobile text messaging on mode of delivery of their wives
- Mohammadi (2016)- Evaluating the effectiveness of educational programs on mothers perceived barriers toward teeth brushing and sugar consumption of their 3-5 years old children in the city of Arak
- Shokoohi (2016) -Comparing oral health status of boys and girls in primary schools of Tehran
- Farazmand (2016)- Comparing the effectiveness of direct and indirect health education on STDs among college students of medical sciences
- Farkhondehkish, F(2015)-Satus of education, attitude, preferences and behaviours of Food and vegetable markets' customers in Tehran regarding shopping plastic bags and developing an educational package, Iran
- Naderi (2015)- Comparing effectiveness of two educational methods(direct and indirect) on reduction of back pain among teachers in Savegbolagh, Tehran, Iran
- Sadegholbayan, S(2015)-Status of education, attitude, preferences and behaviours of Food and vegetable markets' retailers in Tehran regarding shopping plastic bags developing an educational pachakage, Iran

Sahraee, P (2013)- Exploring perceived barriers of mothers with 3- 6 years old towards oral health of their children in Kamyaran, Iran  
Barkhordari, M(2013), Needs assessments of patient with heart disease in Khatamol Anbia Hospital and developing an educational package, Tehran  
Rezaee Pandari, H (2013). Assessment of fish consumption and its influencing factors in Yazd using social marketing framework in 2013  
Zahedifar, F (2011) - Evaluation of field training for graduate students of public health in all universities in Iran, Iran University of Medical Sciences, Master thesis,  
Museli, L (2009) - Situation analysis of essential surgical care in districts hospitals in Iran using the standard tool developed by WHO: A national survey. Master thesis  
Yazdi, F (2009) - Needs assessment of elderly in urban health centres. MPH thesis  
Shalviri, M .(2009)- people's satisfaction from Emergency health care services in Qazvin. MPH thesis

### **In progress Master Thesis**

2017- M-health for maternal health

### **Under graduate thesis**

Nouruzi, Alaavi and Fallahi,.(2012) Comparative study of Educational curriculum of undergraduate and graduate degree of public health  
Esmaeeli, M (2001) – Prevalence of “Low Weight Birth “in Qazvin hospitals

### **Other finished research projects:**

2015- External Reviewer of a PhD thesis on school health promotion by Suraya Mohamed, in the School of Public Health Community and Health Sciences Faculty, University of the Western Cape  
2014- Examining the readiness of Qazvin hospitals for medical tourists, Iran  
2012- Evaluation of field training for graduate students of occupational health in all universities in Iran  
2012- Evaluation of field training for graduate students of environmental health in all universities in Iran  
2011-Developing health promoting hospitals programs for educational hospitals in Qazvin  
2011- Reviewer of postgraduate thesis of schools of Public health, school of Nursing and midwifery  
2008. Keshavarz, N. Establishing the health promotion unit, School of public health, Qazvin Medical Sciences University  
2008- Keshavarz, N ; Zarea, F. Exploring the share of developing countries in 39 international health journals, funded by Qazvin University of Medical Sciences  
2008- Curriculum development for International public health course for MPH students  
2008- Health promotion course for MPH students, Qazvin Medical Sciences University  
2004-2008- Keshavarz, N ; Nutbeam, D; Rowling,L' Khavarpour,F.Educational perspectives towards health promoting schools: A complex adaptive systems approach, PhD thesis , the university of Sydney, Australia  
2003-Promoting educational and administration services for undergraduate students at School of public health, Qazvin University of Medical Sciences  
2002 – Internal evaluation of family health department, Qazvin University of Medical Sciences

1997 – Knowledge, attitude and practice of high school girls towards Iron deficiency anaemia, Master thesis

### **Membership in research committees and councils**

20015- present: Member of research committee, Research centre for reproductive health

2016-present : Member of research committee, Research centre for occupational health promotion , Shahid Behshti University of Medical Sciences

2007-2010-Member of school research committee, School of Public health, Qazvin University of Medical Sciences

## **Publications**

### **Edited books**

#### **In English:**

**2017-** Nastaran Keshavarz Mohammadi Mohammad, Assai Mohammad, Assai Samar El FekyE .. Healthy Cities in the Eastern Mediterranean – from sanitation to comprehensive policy in de Leeuw, J. Simos (Eds.) Healthy Cities The Theory, Policy, and Practice of Value-Based Urban Planning .

2015- Lavarack,G;Keshavarz Mohammadi,N. Community Empowerment and Health promotion. Nokhbegane daneshgostarpub Co.Tehran

2010-Keshavarz, N.Complexity science, schools and health. Lambert Academic Publication, Germany

#### **In Farsi:**

2006- Keshavarz, N et al: Promoting health, knowledge and practice. Shahrab Publication Co. Tehran, Iran

2003-Keshavarz, N ; Hoseini, G: Health education, communications and educational technology for health workers. Dibagaran Publication Co. Tehran.

2003- Keshavarz, N: Family planning tests for public health students. Olumepooya Publication Co. Tehran. Iran

2002-Keshavarz, N: How to prevent iron deficiency Anaemia, A guide for girls. Shahrab Publication Co. Tehran., Iran

2002- Keshavarz, N; Gholchin,M: From birth to five years old, Shahrab Publication Co. Tehran, Iran

1996-Keshavarz, N; Mother and child health tests for undergraduate public health students, Golban

1995- Kazemi, H; Keshavarz, N; Family planning and consultation, Cheragh Publication Co. Qazvin. Iran

1994- Keshavarz, N; History of family planing, Boshra Publication Co. Tehran. Publication Co. Tehran.

#### **Translated books:**

2017- WHO Kobe Centre (2005). A Billion Voices: Listening and Responding to the Health Needs of Slum Dwellers and Informal Settlers in New Urban Settings

2015- Keshavarz,n et al; Milestones in health promotion(translation), Nokhbegane danesh gostar pub Co. Second Ed,Tehran

2010- Keshavarz, N et al. Translation of "Essential surgical care in district hospitals" by WHO in Farsi, Mir publishing co, Tehran

2009- Keshavarz, N. Translation of "Theory in a Nutshell" by Don Nutbeam in Farsi, Boshra Co, Tehran

## Papers:

### In English:

2017- Masoud Motalebi G.Nastaran Keshavarz Mohammadi, Karl Kuhn, Ali, How far are we from full implementation of health promoting workplace concepts? A review of implementation tools and frameworks in workplace interventions Ramezankhani, Mansour R. Azari Health Promot Int (2017) daw098.

DOI:<https://doi.org/10.1093/heapro/daw098>

۲۰۱۷- Saeid Doaeia, Naser Kalantarib, Nastaran Keshavarz Mohammadi, Ghasem Azizi Tabeshd, Maryam Gholamalizadehe Macronutrients and the FTO gene expression in hypothalamus; a systematic review of experimental studies, Indian Heart J (2017), <http://dx.doi.org/10.1016/j.ihj.2017.01.014>

2017-Identifying Iranian consumers preferences towards functional dairy products: 2017-Comparison of effects of direct and indirect education on sexually transmitted infections on college students' knowledge and attitude: a case study in Iran International journal of clinical medicine

2017- Factors associated with unhealthy snack consumption among adolescents in Iran's schools

2017- Saeid Doaeia, Naser Kalantarib, Nastaran Keshavarz Mohammadi, Ghasem Azizi Tabeshd, Maryam Gholamalizadehe., Macronutrients and the FTO gene expression in hypothalamus; a systematic review of experimental studies, Indian Heart J (2017), <http://dx.doi.org/10.1016/j.ihj.2017.01.014>

2017-Sima Ghasemi<sup>1,2</sup>, Nastaran Keshavarz Mohammadi<sup>1</sup>, Farahnaz Mohammadi Shahboulaghi<sup>2</sup> & Ali Ramezankhani<sup>1</sup> Older Adults' Perception of Their Needs in Tehran: A Cry for Emotional and Social Support Global Journal of Health Science; Vol. 9, No. 2; 2017

Mazaheri M, Keshavarz Mohammadi, Soori H, Ramezankhani, Kordealivand T, Shirin Sahraei MH, Aafzal Zadeh, Rahnama A and Sakhajoo A. Motorcycling behaviour of students and general traffic pattern in the city of Dezful, Iran Biotech. Res. Comm. Vol 9 Special Issue No (1): 1-5 (2016)

2015- Bahrami, N; Keshavarz Mohammadi, N et al, Partners engagement in participatory research in population research centers in Iran, Health Promotion International, Australia

2013- Keshavarz Mohammadi, N. Health promotion thinking, interpretation and implementation in Iran: capacities, and the way forward. Health Scope Vol 2, No 1.

2011- Lavarack, G; Keshavarz Mohammadi, N. What remains for the future: strengthening community actions to become an integral part of health promotion practice. Health Promotion International; Vol 26, No S2

2010- Keshavarz Mohammadi, N; Rowling, L; Nutbeam, D. Acknowledging Educational Perspectives on Health Promoting Schools. Health Education, Vol. 110, No 4.

2010- Keshavarz Mohammadi, N. Summary Report for VHPO Stream on Equity and Diversity in access to health. Health Promotion International. Vol. 25, No. 4. promotion □ capacity □ development □ opportunities

2009-Keshavarz Mohammadi, N; Nutbeam,D; rowling, L; Khavarpour, F .Schools as social complex adaptive systems: A new way to understand the challenges of introducing the health promoting schools concept. *Social science and Medicine* 2009- Keshavarz Mohammadi, N; Nutbeam,D; Rowling, L. Social complex adaptive systems: a response to Haggies's commentary on the paper by Keshavarz Mohammadi ; Nutbeam; Rowling; and Khavarpour. *Social science and Medicine* 2009- Pakpour, AH; Yekaninejad, MS; Keshavarz,N; Molsted,S; Patti,F;Harrison,F ..Health- related quality of life in Iranian patients with multiple sclerosis: A cross-cultural study .*Neurologia i Neurochirurgia Polsko ; 43(6): 517-526* 2007-Keshavarz,N, Bakshalian, F, Akbari,M ;School health in Iran, In WHO report of technical meeting on school health promotion , Vancouver, Canada.

### **In Farsi:**

2017- Farazmand, K, ; Keshavarz mohammadi, N, Etemad,K. Knowledge and attitude of medical science students towards STD, *Health in filed*, In press

2016- Sahraee ,P; Keshavarz mohammadi, N; Ghasemi, H; perceived barriers of mothers for taking their 3-5 years old children to dentists. *Dentistry journal of Islamic association of dentists*, Vol 27,No 4

2015-Sahraee ,P; Keshavarz mohammadi, N; Ghasemi, H; perceived barriers of mothers towards brushing the teeth of their 3-5 years old children, *Pediatric Dentistry*, Vol 10,No 2,p: 7-16

2015- Keshavarz mohammadi, Bahreinin,F; Degpasand,S Kdegpasand Community-based health promotion programs over the last 30 years in Iran:typology of interventions, *Scientific Journal of School of Public Health and Institute of Public Health Research , Vol. 12, No. 4*,

2014- Sahraee ,P; Keshavarz mohammadi, N; Ghasemi,H; perceived barriers of mothers towards controlling sugar consumption by their 3-5 years old children. Vol 2, No 4, p: 7-16

2014- Parvaneh Sahrai, Nastaran Keshavarz Mohammadi, Shiva Razavi Sahraee ,P; Keshavarz mohammadi, N; Ghasemi,H; perceived barriers of mothers towards oral health of their 3-5 years old children. Vol 9, No 2

2014- Keshavarz mohammadi, N; Bahreinin,F; Degpasand,S Kdegpasand; Exploring Challenges and weaknesses of community-based health promotion programs in past three decades, *Journal of Isfahan Medical School*,Vol 31,No 26

2014- Rezaee Pandari, H;Keshavarz Moahmmadi,N. Health Social Marketing Approach In Health Care: A Review article. *Journal of health education and promotion*,Vol 2, No 2.

2014- Rezaee Pandari, H;Keshavarz Moahmmadi,N Barriers to fish consumption and it's influencing factors: A comprehensive overview of the relevant evidence in Iran and in the world. *Journal of health in the Filed*,Vol 2, No 1

2014- Rezaeipandari H, KeshavarzMohammadi N, Ramezankhani A, Morowatisharifabad , Rahaei Z.Consumers Analysis Towards Fish Consumption, and its Related Factors, Barriers of Consumption and Promotion Strategies using Social Marketing frame work among women in Yazd city .*Biannual journal of health*, Vol3, No 45.

2013- Rezaee Pandari, H;Keshavarz Moahmmadi,N. Consumer analysis of influencing factors on fish consumption in Yazd using social marketing framework, *Yazd journal of medical sciences (in press)*

2013- Gharlipour, Z; Keshavarz Mohammadi, N, Solatani,E; Gilasi, H; Asharafi Hafez, A; Mansourian, M. Community- based prevention of Road traffic Injury



The Scientific Journal of Ilam University of Medical Sciences, Vol 21.No 3.

2013-Keshavarz Mohammadi,N; Rezaae,M; Keshavarz,A; Zaree,F; Kalhor, R. Health personels' perspectives about the impact of hospitals on their health: a health promoting hospital approach, The Razi journal of Medical Sciences,vol20,No 113.

2013- Zarei F, Taghdisi M, Keshavarz Mohamadi N, Tehrani H. Health Promoting Hospital: A pilot study in Bo-Ali hospital, Qazvin, Iran. JFUMS. Vol 3.NO (3)

2013- Keshavarz Mohammadi, N; Zaree,F; Parcinia,S. Health education and promotion in Iran: past, present and the future, Iranian Journal of Health education and promotion, vol 1, No 2

2012- Zahedifar, F; Shajari, Keshavarz mohammadi, N; G, Koohpayeh Zadeh, Evaluation of public health filed training in schools of public in Iran. QUMS Journal of Medical Education and Development;Vol 5. No 2.

2011- Mohebbi far,R;Keshavarz Mohammadi, N; Mohammadi,N;Mouseli,L. Situation anlysis of districts hospitals of Iran, based on WHO developed tool.Iranian journal of Surgey;Vol.18.No.3

2011- Keshavarz Mohammadi; N; Fatemeh Zaree .Share of nations in 37 international public health journals: An equity and diversity perspective towards health research capacity building. Iranin J Public Health, Vol.40,No.4, pp.129-137

2006- Ziaeeha,M, Zahedifar, F; Keshavarz, N; et al ; Internal evaluation of Family Health Department in Qazvin medical sciences university. The Journal of Medical Education & Development , Qazvin

2005- Keshavarz , N; Huges,I; Khavarpour, F. Complexity Science: New Emerging Approach for health professionals , Iranian Journal of Public Health, (Supplementary Issue):28-28.

<p><b>Conference presentations Key note speech/Invited speaker</b></p>
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**Key note speakers at international conferences:**

2013- Keshavarz,N. Community based health promotion programs in Iran, Invited speaker for planer on health promotion and human rights, IUHE conference, Geneva, Switzerland

2010- Keshavarz,N. Community based health promotion programs in Iran, Invited speaker for planer on health promotion and human rights, IUHE conference, Geneva, Switzerland

**Key note speakers at National conferences:**

2017- Keshavars Mohammadi,N. The role of Life style on male reproductive health , the firts international congress of Male reproductive health, Tehran

2015- Keshavarz Mohammadi,N; Advocay for health, Second international journal of health promotion, Kermanshah, Iran

2015- Workplace health promotion: whys and hows, First seminar on workplace health promotion, Shahid Beheshti university of Medical Sciences, Tehran

2013- Keshavarz Mohammadi, N. Health promoting hospitals. National Conference of Health education and Promotion, TUMS, Tehran, Iran

2013- Keshavarz Mohammadi, N. Developing HP Capacities Using Information and Communication Technologies in Iran, Sub-plenary speaker, 21st IUHPE World Conference on Health Promotion. Pattaya, Thailand.

2013- Keshavarz, N. Health promoting workplace. Healthy work Festival, Tehran University of Medical Sciences.

2013- Keshavarz, N. Health promoting workplace. The Ministry of Energy. Tehran

2011- Keshavarz, N. Health promoting settings: a modern approach to health promotion. Iranian first international conference on health education and promotion. Tabriz. Iran

2011- Keshavarz, N. Health promoting schools: International experiences. Iranian first international conference on health education and promotion. Tabriz. Iran

2011- Keshavarz, N. Methodology of research in "health in Quarantines". Yasuj University of Medical Sciences, Iran.

2010- Keshavarz, N. Evidence-based policy making. First national conference on urban health, Tehran

2009- Keshavarz, N. Community based health promotion conference. Yasuj, Iran

2008- Keshavarz, N. Third millennium , health promoters and responsibilities, Health promoters - Key note speech, The third Iranian Health Promotion and Education Congress, Hamadan, Iran. It has also been published in conference proceedings.

2008- Keshavarz, N . Life style interventions for healthy eating and physical activity, Invited speaker, National Conference on Nutrition, Physical Activity and Lifestyle, Qazvin, Iran.

2008- Keshavarz, N. Midwifery and international health , Key note speaker for national midwifery conference, Tarbiat Modarres University, Tehran

2008- Keshavarz, N. Health promoting workplace; WHO approach, invited speaker for Health, Safety and Education Conference of HSE, Qazvin, Iran

2007- Keshavarz, N. School health programs in Iran, /challenges and opportunities. Invited speakers , WHO technical meeting, Vancouver, Canada Presentations:

### **Oral and poster presentation in International conferences**

2013- Keshavarz mohammadi, N; De Leeuw E. Politics and religions as complex and ignored determinants of health: Social complex adaptive system approach. 21st IUHPE World Conference on Health Promotion. Pattaya, Thailand.

2010- Keshavarz, N; Nutbeam, D; Rowling, L. Health promoting settings as complex adaptive systems: An introduction to complexity science for health professionals. 20<sup>th</sup> world health promotion conference, Geneva, Switzerland (poster presentation)

2007- Keshavarz, N Nutbeam, D; Rowling, L; Khavarpour, F. Complex Adaptive approach to school: A new conceptualisation of health promoting school, 19<sup>th</sup> World health promotion conference on health promotion, Canada.

2007- Diversity in Perceptions about Health Promoting School: Does it matter? Oral presentation in IUHPE conference on health promotion, Canada.

2006- Keshavarz, N et al. Can complexity theory shed light on our understanding about school health promotion? The 6<sup>th</sup> International conference on Complex Systems Research, Boston, 2006- U.S.A . Keshavarz, N et al. New emerging perspectives on health promotion accepted for oral presentation, 11<sup>th</sup> world congress on public health, Brazil.

2006- Keshavarz, N et al. Empowering School community for health promotion in Schools: Let's hear their voice, oral presentation in 37<sup>th</sup> PHAA Annual Conference, Sydney, Australia It was also published in conference proceedings.

2006- Keshavarz, N. Iranian girls health literacy, oral presentation in International Congress on Women health, University of western Sydney, Australia It was also published in conference proceedings.

2005-Keshavarz, N et al. Complexity science: New emerging approach for Health professionals accepted for oral presentation in the 13th Multi-disciplinary Iranian researchers Conference in Europe, U.K.

2001-Keshavarz, N et al. Nutrition statue of high school girls in Qazvin. First congress of health education and promotion, Tehran, Iran.

1998- Keshavarz, N et al. Knowledge, attitude and practice of high school girl towards iron Deficiency Anaemia , 5th Nutrition Congress, Tehran, Iran.

### **National conferences**

2011- A new medical education system: co-ordinated , equity and need based education. 12<sup>th</sup> education national conference of medical education :Mashahd, Iran  
2011-A review of 90 health promotion curriculum in universities. 12<sup>th</sup> conference of Medical Education,Mashahd, Iran

2010- Share of different nations in editorial board of international public health - journal: An equity and diversity perspective, 20<sup>th</sup> world health promotion conference, Geneva, Switzerland

2008- Keshavarz, N et al. Health systems as complex adaptive systems, Geneva Health Forum, Geneva, Switzerland. It has also been published in conference proceedings.

## **Teaching Experiences**

### **Overseas**

2006-Tutor for Master of International Public Health, School of Public health, University of Sydney, Australia

### **Iran**

PhD courses 2010-present in school of public health at Shahid Beheshti University for Medical Sciences.: Strategies of health Promotion, Community based health promotion, principles of health education and promotion, theories of health education and promotion

Master courses 2010-present health education and promotion Group dynamics Educational technology School health education International health

Bachelor course- 1997-2003, 2007-2012 in school of public health, at Shahid Beheshti University, schools of public health , medicine, and dentistry in Qazvin University of medical Scinces , Payame oor university Imam Khomeini university Azad university Kar : Reproductive health and Mother and child health courses, school health, health systems, English 1 &2, community oriented dentistry, community-oriented medicine Elderly Health, Family Planning, Immunization, Public Health

### **Developed Workshops:**

#### **National workshops**

2017-Social responsibility and accountability of organisations for health

2012- Empowerment. National workshop empowerment trainers. National Welfare, organization, Tehran.

#### **Local Workshops:**

2017- Designing effective campaign , school of public health, Shahid Beheshti University of Health Sciences, Tehran

2010- New teaching methods for lecturers, EDO, school of public health, Qazvin University of medical sciences

2010- Development of course plan and lesson plan school of public health, Qazvin University of medical sciences

2010- Research methodology, school of public health, Qazvin University of medical sciences

2009- How to submit a paper to an English journal, School of Nursing and Midwifery, Qazvin University of medical sciences

2009- Modern research in health promotion, Yasooj university of Medical Sciences

2009- Modern concepts of health promotion, A national workshop - Qazvin university of medical sciences

1997-2004 -Prevention of drug abuse, Methods of health education planning, Prevention of Iron Deficiency Anaemia for health professionals and general practitioners

### **Professional Development and Training**

#### **In Swiss:**

2007- Internship in WHO/Headquarter in Geneva,Swiss

#### **In Australia:**

2006-Foundation of international public health (6 credit subjects for Master of International Public Health, without enrolment) at university of Sydney

2006-International Health Promotion (6 credits subjects for Master of international Public health, without enrolment) at University of Sydney

2006-Management of International Public Health Projects (4 credits subjects for Master of International Public Health, without enrolment) at University of Sydney

2005-Qualitative Research Workshop, University of Sydney

2004-International Workshop on “Action Research in Health”, University of Sydney

2005-Staff development training: WebCt

2004- Staff Development training: FrontPage, University of Sydney

#### **In Iran:**

2017-WHO Workshop on health diplomacy, Tehran

2017- WHO Workshop on health planning, Tehran

2017- Introduction to Met analysis

2008- Equity and Social determinants of health workshop, run by WHO, Tehran, Iran

2001- Staff development training: Educational Strategies and Methods, Tehran Medical University

1999 - Staff development training: Research Methodology (basic), Qazvin Medical Sciences University

1999 – Staff development training: Teaching Methods, Primary & Advanced, Qazvin medical Sciences University

1998 - Staff development training: Health Education Models in Behavioural change. Tarbiat Modarres University, Tehran.

1996 – Staff development training: Health Education Planning, Beheshti Medical Sciences University

1997 - Staff development training: Implication of Computer in Information system, Tehran Medical Sciences University (TMSU)

### **Awards & Honours**

Best department chair

2010-Best lecturer of the year in Qazvin University of Medical Sciences, school of public health

2010- Full scholarship to attend as an expert in in Women Deliver Conference, USA (Fully sponsored)

2009-Best Lecturer of the year in Qazvin University of Medical Sciences, school of public health

Boston conference

2009- funding Being invited as an expert in health promotion to attend conference, the WHO global health promotion conference invitation-based only meeting), Kenya

2007- Being invited (Fully sponsored by WHO) to WHO technical meeting on school health in Canada

2004- Ministry of Health's full PhD Scholarship in Australia

1996- First Rank graduated in Master of Health Education, Tehran University

1991- Best paper presented at first scientific congress of Iranian medical sciences students, Iran

### **Research Interests**

Complexity theories, Settings health promotion, International Health, Health Promotion theory, practice, research and evaluation particularly concerned with School Health, Women and Child Health , Public Policy, Evidence-informed policy making, Community health promotion, Health literacy, Empowerment, SDH,SDG